



March 12, 2010

TO: Provincial Box Programs
Red River Lacrosse Association
Thompson Lacrosse Association

FROM: Laralie Higginson, Executive Director

RE: **ONLINE COACHING PROGRAM AND
2010 BOX LACROSSE COACHING CLINICS**

Manitoba Lacrosse has instituted the CLA's online coaching program therefore effective immediately all coaches must register for our 2010 clinics online. This program will allow coaches to login and complete their pre-clinic assessment, search and register for nearby coaching clinics and complete their evaluation workbook online.

The coach must first obtain a password from the MLA office to access the online coaching program. For further information regarding this program and to register for a clinic please go to www.manitobalacrosse.mb.ca Under the News & Events section on the right hand side of the home menu please look for 'Online Coaching Program'.

We have scheduled three box clinics to date. If additional clinics are required we will endeavor to schedule them in a timely fashion.

Community Development Box –A requirement for Head and Assistant coaches at Tyke, Novice and Pee Wee age levels.

- Saturday March 27 – 8:30 a.m. to 4 p.m. at St. Boniface Arts & Technology Centre – 5 de Bourmont Avenue. (across from Maginot Arena). Registration fee is \$60.00 payable to Manitoba Lacrosse Association **on or before Wednesday March 24th**.
- Saturday April 17 – 8:30 a.m. to 4 p.m. at St. Boniface Arts & Technology Centre – 5 de Bourmont Avenue. Registration fee is \$60.00 payable to Manitoba Lacrosse Association **on or before Wednesday April 14th**.

Competitive Introduction Box – A requirement for Head and Assistant coaches at Bantam and above.

Note: A requisite to coach at this level is Community Development Box.

- Friday April 30 – 6:30 p.m. to 9:30 p.m. & Saturday May 1 – 9 a.m. to 4 p.m. at Gateway Recreation Centre 1717 Gateway Road. Registration fee is \$75.00 payable to Manitoba Lacrosse Association **on or before Wednesday April 28th**.

Participants are to bring a pen and paper for classroom sessions and lacrosse stick and runners for practical on floor sessions.

Any further additional information which is required please contact our office at 925-5684 or e-mail lacrosse@sportmanitoba.ca

Thank you.